

**National Catholic H.S. Championship 2023 - 1/14/2023 to 1/15/2023**  
**Session Report**

Session: 1 GIRLS PRELIMINARIES

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Girls 200 Medley Relay	49	6	08:30 AM	_____
Prelims	3 Girls 200 Freestyle	59	7	08:49 AM	_____
Prelims	5 Girls 200 IM	54	6	09:09 AM	_____
Prelims	7 Girls 50 Freestyle	176	20	09:27 AM	_____
	Break: 10 Minutes:				
Prelims	9 Girls 100 Butterfly	47	6	09:57 AM	_____
Prelims	11 Girls 100 Freestyle	115	13	10:06 AM	_____
Prelims	13 Girls 500 Freestyle	41	5	10:27 AM	_____
Prelims	15 Girls 200 Freestyle Relay	43	5	10:59 AM	_____
Prelims	17 Girls 100 Backstroke	74	9	11:11 AM	_____
Prelims	19 Girls 100 Breaststroke	83	10	11:28 AM	_____
Prelims	21 Girls 400 Freestyle Relay	39	5	11:47 AM	_____
	Swimmers Counts for Warm-ups: 347	=====	=====		
	Entry / Heat Totals:	780	92		
	Finish Time			12:13 PM	_____

Session: 2 BOYS PRELIMINARIES

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	2 Boys 200 Medley Relay	37	5	02:30 PM	_____
Prelims	4 Boys 200 Freestyle	53	6	02:45 PM	_____
Prelims	6 Boys 200 IM	57	7	03:00 PM	_____
Prelims	8 Boys 50 Freestyle	125	14	03:19 PM	_____
	Break: 10 Minutes:				
Prelims	10 Boys 100 Butterfly	55	7	03:42 PM	_____
Prelims	12 Boys 100 Freestyle	89	10	03:53 PM	_____
Prelims	14 Boys 500 Freestyle	36	4	04:07 PM	_____
Prelims	16 Boys 200 Freestyle Relay	33	4	04:30 PM	_____
Prelims	18 Boys 100 Backstroke	52	6	04:39 PM	_____
Prelims	20 Boys 100 Breaststroke	71	8	04:50 PM	_____
Prelims	22 Boys 400 Freestyle Relay	34	4	05:03 PM	_____
	Swimmers Counts for Warm-ups: 280	=====	=====		
	Entry / Heat Totals:	642	75		
	Finish Time			05:20 PM	_____

Session: 4 Girls Diving

Day of Meet: 1 Starts at 06:30 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Girls 1 mtr Diving	23	0	06:30 PM	_____
	Swimmers Counts for Warm-ups: 23	=====	=====		
	Entry / Heat Totals:	23	0		
	Finish Time			07:40 PM	_____

**National Catholic H.S. Championship 2023 - 1/14/2023 to 1/15/2023****Session Report**

Session: 5 Boys Diving

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	24 Boys 1 mtr Diving	24	0	08:00 AM	_____
	Swimmers Counts for Warm-ups: 24	=====	=====		
	Entry / Heat Totals:	24	0		
	Finish Time			09:13 AM	_____

Session: 3 GIRLS &amp; BOYS FINALS

Day of Meet: 2 Starts at 12:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 200 Medley Relay	16	2 u	12:00 PM	_____
Finals	2 Boys 200 Medley Relay	16	2 u	12:06 PM	_____
	Break: 5 Minutes:				
Finals	3 Girls 200 Freestyle	16	2 u	12:16 PM	_____
Finals	4 Boys 200 Freestyle	16	2 u	12:22 PM	_____
	Break: 2 Minutes:				
Finals	5 Girls 200 IM	16	2 u	12:28 PM	_____
Finals	6 Boys 200 IM	16	2 u	12:34 PM	_____
	Break: 2 Minutes:				
Finals	7 Girls 50 Freestyle	16	2 u	12:41 PM	_____
Finals	8 Boys 50 Freestyle	16	2 u	12:44 PM	_____
	Break: 10 Minutes:				
Finals	9 Girls 100 Butterfly	16	2 u	12:56 PM	_____
Finals	10 Boys 100 Butterfly	16	2 u	12:59 PM	_____
	Break: 2 Minutes:				
Finals	11 Girls 100 Freestyle	16	2 u	01:04 PM	_____
Finals	12 Boys 100 Freestyle	16	2 u	01:07 PM	_____
	Break: 2 Minutes:				
Finals	13 Girls 500 Freestyle	16	2 u	01:12 PM	_____
Finals	14 Boys 500 Freestyle	16	2 u	01:24 PM	_____
	Break: 2 Minutes:				
Finals	15 Girls 200 Freestyle Relay	16	2 u	01:37 PM	_____
Finals	16 Boys 200 Freestyle Relay	16	2 u	01:42 PM	_____
	Break: 2 Minutes:				
Finals	17 Girls 100 Backstroke	16	2 u	01:48 PM	_____
Finals	18 Boys 100 Backstroke	16	2 u	01:52 PM	_____
	Break: 2 Minutes:				
Finals	19 Girls 100 Breaststroke	16	2 u	01:57 PM	_____
Finals	20 Boys 100 Breaststroke	16	2 u	02:01 PM	_____
	Break: 5 Minutes:				
Finals	21 Girls 400 Freestyle Relay	16	2 u	02:09 PM	_____
Finals	22 Boys 400 Freestyle Relay	16	2 u	02:18 PM	_____
	Swimmers Counts for Warm-ups: 276	=====	=====		
	Entry / Heat Totals:	352	44		
	Finish Time			02:26 PM	_____