



PENNSYLVANIA **I**NTERSCHOLASTIC **A**THLETIC **A**SSOCIATION
— DISTRICT THREE —

TO: PIAA DISTRICT 3 ATHLETIC DIRECTORS, SWIMMING COACHES AND DIVING COACHES

**FROM: DARNELL STANFORD
DISTRICT 3 SWIMMING AND DIVING CHAIRPERSON**

**RE: 2024-2025 SWIMMING AND DIVING CHAMPIONSHIP
DATES AND LOCATIONS
2024-2025 SWIMMING AND DIVING QUALIFYING GUIDELINES**

The purpose of this memo is to provide you with important information related to the 2025 District 3 Swimming and Diving Championships. Our qualifying guidelines for swimming have been updated following a review of last year's championship results. We ask that you review all guidelines. All schools should plan to enter your swimmers and divers for the District III Championships by using the online-entry procedure at Divemeets.com (diving) and Swimcloud (Swimming) that will be available in February. Best wishes for a successful swimming and diving season.

IMPORTANT DISTRICT 3 SWIMMING AND DIVING DATES

DATE	EVENT	LOCATION	TIME
ASAP	Posting of District 3 Swimming and Diving Information on District 3 Website	piaad3.org	
Monday February 3, 2025	District 3 Swimming and Diving Entry Procedures Available Online	piaad3.org	
Friday, February 21, 2025	District 3 AA Diving Championships	DOVER High School (5:00PM Warm-Up)	6:00 PM
Saturday, February 22, 2025	District 3 AAA Diving Championships	DOVER HS (9:00AM Warm-Up / Girls AM / Boys immediately to follow)	10:00 AM
Friday, February 28, 2025 Saturday, March 1, 2025	District 3 Swimming Championships	Cumberland Valley High School	12:00 PM 10:00 AM

(CONTINUED)

2024 DISTRICT 3 DIVING ENTRY REQUIREMENT

<p><u>Number of Divers</u></p>	<p>11 Dive Championship</p> <p>Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><u>League</u></td> <td style="text-align: center;"><u>AAA</u></td> <td style="text-align: center;"><u>AA</u></td> </tr> <tr> <td style="text-align: center;">BCIAA</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> <tr> <td style="text-align: center;">Lancaster-Lebanon</td> <td style="text-align: center;">0 divers</td> <td style="text-align: center;">0 divers</td> </tr> <tr> <td style="text-align: center;">Mid-Penn</td> <td style="text-align: center;">6 divers</td> <td style="text-align: center;">6 divers</td> </tr> <tr> <td style="text-align: center;">York-Adams</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> </table> <p>** (Lancaster-Lebanon does not sponsor a “League Championship” Diving Meet, they qualify through the BCIAA)</p> <p><u>Additional divers will be considered on an “At Large” basis if they meet the following entry requirement:</u></p> <p>Each optional dive proof must show a “Judge’s Total Score” of 13.0 or higher to be accepted. Dives with a “Judge’s Total Score” of less than 13.0 will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><u>GIRLS</u></td> <td></td> <td style="text-align: center;"><u>BOYS</u></td> <td></td> </tr> <tr> <td style="text-align: center;">AA</td> <td style="text-align: center;">11.5</td> <td style="text-align: center;">AA</td> <td style="text-align: center;">11.7</td> </tr> <tr> <td style="text-align: center;">AAA</td> <td style="text-align: center;">11.8</td> <td style="text-align: center;">AAA</td> <td style="text-align: center;">12.0</td> </tr> </table>	<u>League</u>	<u>AAA</u>	<u>AA</u>	BCIAA	3 divers	1 diver	Lancaster-Lebanon	0 divers	0 divers	Mid-Penn	6 divers	6 divers	York-Adams	3 divers	1 diver	<u>GIRLS</u>		<u>BOYS</u>		AA	11.5	AA	11.7	AAA	11.8	AAA	12.0
<u>League</u>	<u>AAA</u>	<u>AA</u>																										
BCIAA	3 divers	1 diver																										
Lancaster-Lebanon	0 divers	0 divers																										
Mid-Penn	6 divers	6 divers																										
York-Adams	3 divers	1 diver																										
<u>GIRLS</u>		<u>BOYS</u>																										
AA	11.5	AA	11.7																									
AAA	11.8	AAA	12.0																									

2025 DISTRICT 3 SWIMMING ENTRY GUIDELINES

MEETING THESE GUIDELINES GUARANTEES ENTRY

EVENT	GIRLS 2A	GIRLS 3A	BOYS 2A	BOYS 3A
200 Medley Relay	2:03.99 (16)	1:49.99 (16)	1:49.99 (16)	1:39.99 (16)
200 Freestyle	2:05.99 (24)	1:58.79 (32)	1:56.99 (24)	1:48.79 (32)
200 Individual Medley	2:19.99 (24)	2:15.99 (32)	2:12.99 (24)	2:01.99 (32)
50 Freestyle	26.69 (24)	24.99 (32)	23.69 (24)	22.39 (32)
100 Butterfly	1:02.99 (24)	1:00.59 (32)	56.99 (24)	54.39 (32)
200 Freestyle Relay	1:49.99 (16)	1:41.99 (16)	1:37.99 (16)	1:29.99 (16)
100 Freestyle	56.99 (24)	54.49 (32)	51.59 (24)	48.69 (32)
500 Freestyle	5:45.99 (24)	5:24.39 (32)	5:20.99 (24)	4:57.49 (32)
100 Backstroke	1:03.99 (24)	1:01.09 (32)	59.99 (24)	55.99 (32)
100 Breaststroke	1:13.99 (24)	1:09.69 (32)	1:07.99 (24)	1:02.09 (32)
400 Freestyle Relay	4:04.99 (16)	3:44.99 (16)	3:35.99 (16)	3:17.99 (16)

*****PLEASE NOTE THAT MEETING THE ABOVE TIMES WILL GUARANTEE ENTRY FOR THE EVENT LISTED. WE WILL ACCEPT TWENTY-FOUR (24) AND THIRTY-TWO (32) SWIMMERS FOR “AA” AND “AAA” INDIVIDUAL EVENTS RESPECTIVELY, AND SIXTEEN (16) TEAMS FOR EACH RELAY EVENT FOR BOTH CLASSIFICATIONS**

*****PLEASE BE ADVISED TO ENTER ANY ATHLETE WHOSE TIME YOU FEEL MAY FALL WITHIN NUMBER ACCEPTED EVEN IF ABOVE THE GUARANTEED TIME LISTED!**

***** Entries by Team: In championship meets... each team shall be permitted a maximum of four entries in an individual event and one team in a relay.** Pg. 17 Rule 3 Section 1 Article 1